

Think Therapy 1st – Surpassing Medical Expectations

When our clients were told: “You can’t”, we helped them show that they can!

Think Therapy 1st (TT1st) do not go against medical advice, we are not reckless, but we are highly specialist Occupational Therapists that can assess function and functional potential in reality and in daily context, as opposed to a clinic setting in a medical context. We will consider what is realistic from observed, real time performance and objective standardised assessments rather than be limited by what is medically expected. The result is that we can and often do achieve functional improvements beyond the limits set by Medical opinions from usually a single clinic appointment.

CASE EXAMPLES:

[Click here for Case Study](#)

“She’ll never walk again”

CONSULTANT

(brain injury, fractured pelvis & multiple orthopaedic injuries)

TT1st helped her to do a 3 mile sponsored walk (on her Zimmer frame) around an air ambulance field to raise money for them as a thank you for saving her life



“He’ll never drive a forklift again”

CONSULTANT

(brain and orthopaedic injuries)

TT1st enabled him to work full time as a forklift driver once again



“He’ll need care his whole life; he can’t go home”

CONSULTANT

(brain injury and difficult behaviour in a Neuro-rehab unit)

TT1st helped him to live independently in his own flat and he also looks after his son independently 2 weekends a month



“She’ll never go home – needs a Nursing Home”

HOSPITAL MEDICAL TEAM

(multiple orthopaedic injuries and a brain injury/subdural haematoma)

TT1st enabled her return home initially with 24 hr care reducing to 2 hours a day care



“She’ll never play badminton again”

ORTHOPAEDIC SURGEON

(87-year-old lady with shoulder and upper limb trauma)

TT1st enabled her to adapt her serve and she continues to play badminton 4 times a week with her friend as she did pre-injury and as this was her main goal

